

| Pl | Stnr | Name | Jg | Verein | Zeit |
|-------------------------|------|-----------------------|--------------------------|--------------------|--------|
| S-Damen -13 (2) | | | 2,4 km 10 Hm 14 P | | |
| 1 | 5 | Rothauer Emma | 07 | ASKÖ Henndorf | 60:45 |
| 2 | 92 | Helmingler Katja | | HSV WALS | 64:16 |
| S-Damen -15 (1) | | | 4,8 km 15 Hm 17 P | | |
| | 30 | Rest Verena | 02 | SSV Hallein-Neualm | Fehlst |
| S-Damen -18 (4) | | | 4,8 km 15 Hm 17 P | | |
| 1 | 35 | Bogensperger Nilla | 02 | ASKÖ Henndorf | 43:42 |
| 2 | 13 | Grömer Bernadette | 99 | ASKÖ Henndorf | 46:31 |
| 3 | 27 | Brunauer Theresa | 99 | ASKÖ Henndorf | 48:03 |
| 4 | 21 | Doppler Sophie | 01 | ASKÖ Henndorf | 56:16 |
| S-Damen 19- (3) | | | 5,2 km 20 Hm 18 P | | |
| 1 | 46 | Foley-Fisher Erinna | | Bristol OK | 46:38 |
| 2 | 39 | Rogl Franziska | 88 | ASKÖ Henndorf | 49:35 |
| 3 | 42 | Boros Kitty | 97 | ASKÖ Henndorf | 56:09 |
| S-Damen 35- (2) | | | 5,2 km 20 Hm 18 P | | |
| 1 | 56 | Buchberger Daniela | 76 | HSV WALS | 70:11 |
| AK | 48 | Erinna's Gorge | | Bristol OK | 59:58 |
| S-Damen 45- (4) | | | 5,2 km 20 Hm 18 P | | |
| 1 | 40 | Hinterhofer Katharina | 69 | ASKÖ Henndorf | 60:05 |
| 2 | 54 | Hillebrand Karin | 68 | ASKÖ Henndorf | 61:03 |
| 3 | 37 | Hackl Claudia | 64 | ASKÖ Henndorf | 62:58 |
| 4 | 47 | Elstner Margit | 64 | ASKÖ Henndorf | 66:02 |
| S-Damen 55- (3) | | | 4,8 km 15 Hm 17 P | | |
| 1 | 31 | Buchberger Berta | 55 | HSV WALS | 74:47 |
| 2 | 18 | Breitschädel Eva | 53 | ASKÖ Henndorf | 77:13 |
| | 24 | Müller Brigitte | 48 | ASKÖ Henndorf | N Ang |
| S-Herren -13 (2) | | | 2,4 km 10 Hm 14 P | | |
| 1 | 3 | Gsenger Paolo | 04 | SSV Hallein-Neualm | 41:27 |
| 2 | 7 | Bonuell Keegan | 04 | SSV Hallein-Neualm | 66:32 |
| S-Herren -15 (1) | | | 4,8 km 15 Hm 17 P | | |
| 1 | 34 | Gamper Daniel | 01 | SSV Hallein-Neualm | 94:20 |
| S-Herren -18 (1) | | | 5,2 km 20 Hm 18 P | | |
| 1 | 45 | Königstorfer Jonas | 01 | ASKÖ Henndorf | 49:15 |
| S-Herren 19- (4) | | | 7,8 km 20 Hm 29 P | | |
| 1 | 65 | Dvorský Vojtech | 94 | KOB Smer Kromeríž | 50:36 |
| 2 | 69 | König Markus | 79 | ASKÖ Henndorf | 55:23 |
| 3 | 73 | Ebster Peter | 02 | ASKÖ Henndorf | 59:09 |

| Pl | Stnr | Name | Jg | Verein | Zeit |
|--------------------------|------|--------------------------|--------------------------|-------------------------|--------|
| S-Herren 19- (4) | | | 7,8 km 20 Hm 29 P | | |
| 4 | 57 | Ebster Leon | 02 | ASKÖ Henndorf | 63:24 |
| S-Herren 35- (10) | | | 7,8 km 20 Hm 29 P | | |
| 1 | 74 | Fink Bernhard | 77 | ASKÖ Henndorf | 53:34 |
| 2 | 64 | Helminger Norbert | 75 | HSV WALS | 54:50 |
| 3 | 60 | Böhm Martin | 76 | ASKÖ Henndorf | 58:34 |
| 4 | 76 | Bogensperger Martin | 72 | ASKÖ Henndorf | 60:38 |
| 5 | 58 | Rothauer Thomas | 77 | ASKÖ Henndorf | 67:49 |
| 6 | 62 | Kohlbacher Roland | 66 | ASKÖ Henndorf | 68:43 |
| 7 | 70 | Buchberger Markus | 80 | HSV WALS | 68:55 |
| 8 | 68 | Buchberger Jun. Wolfgang | 80 | HSV WALS | 69:54 |
| 9 | 66 | Maier Raphael | 77 | HSV WALS | 81:42 |
| | 72 | Artner Christoph | 73 | SSV Hallein-Neualm | Aufg |
| S-Herren 45- (6) | | | 5,2 km 20 Hm 18 P | | |
| 1 | 43 | Elstner Florian | 63 | ASKÖ Henndorf | 43:51 |
| 2 | 49 | Ebster Sen. Peter | 68 | ASKÖ Henndorf | 44:54 |
| 3 | 51 | Buchberger Jakob | 53 | HSV WALS | 49:13 |
| 4 | 41 | Berner Roland | 65 | SSV Hallein-Neualm | 54:48 |
| 5 | 38 | Seitlinger Gabriel | 70 | OL Sektion TV Zell am S | 55:39 |
| 6 | 53 | Rogl Hartwig | 58 | Naturfreunde Seekirchen | 61:47 |
| S-Herren 55- (10) | | | 4,8 km 15 Hm 17 P | | |
| 1 | 29 | Wechselberger Johannes | 56 | OL Kufstein | 41:17 |
| 2 | 26 | Wimmer Josef | 57 | ASKÖ Henndorf | 46:18 |
| 3 | 12 | Müller Leo | 49 | ASKÖ Henndorf | 55:02 |
| 4 | 16 | Mages Franz | 55 | SSV Hallein-Neualm | 59:14 |
| 5 | 14 | Breitschädel Christian | 53 | ASKÖ Henndorf | 60:06 |
| 6 | 33 | Rieder Gernot | 41 | ASKÖ Henndorf | 71:22 |
| 7 | 28 | Schütz Wolfgang | 53 | ASKÖ Henndorf | 72:41 |
| 8 | 36 | Buchberger Sen. Wolfgang | 53 | HSV WALS | 86:50 |
| | 20 | Hackl Karl | 56 | ASKÖ Henndorf | Fehlst |
| | 23 | Mayer Horst | 60 | SSV Hallein-Neualm | N Ang |
| Offen Kurz (5) | | | 2,4 km 10 Hm 14 P | | |
| 1 | 90 | Nagele Philipp | | HSV WALS | 23:48 |
| 2 | 1 | Böhm Petra | 79 | ASKÖ Henndorf | 38:39 |
| 3 | 2 | Klaunzer Nikolaus | | ASKÖ Henndorf | 40:52 |
| 4 | 11 | Fink Familie | | ASKÖ Henndorf | 58:46 |
| 5 | 4 | Alamash Joud | 05 | ASKÖ Henndorf | 74:14 |