

Pl	r	Name	K	Zeit																
Mi (23)				4,1 km 190 Hm		18 P		(Forts.)												
					1(96)	2(110)	3(97)	4(98)	5(111)	6(115)	7(105)	8(118)	9(101)	10(113)	11(102)	12(114)	13(116))		
					15(106)	16(90)	17(109)	18(100)	Ziel											
14		Daniela Buchberg HSV Wals	D45	1:27:31	4:11	7:23	12:02	14:25	16:34	28:08	30:44	32:29	40:04	46:51	1:01:49	1:06:06	1:10:59	4		
					4:11	3:12	4:39	2:23	2:09	11:34	2:36	1:45	7:35	6:47	14:58	4:17	4:53			
					1:17:23	1:22:43	1:25:53	1:27:04	1:27:30											
					4:09	5:20	3:10	1:11	0:26											
15		Philipp Uhlendorf SC Königstein	H18	1:28:15	12:29	15:24	17:47	21:45	27:20	40:38	42:39	44:43	52:09	57:07	1:03:41	1:08:48	1:15:05	8		
					12:29	2:55	2:23	3:58	5:35	13:18	2:01	2:04	7:26	4:58	6:34	5:07	6:17			
					1:20:27	1:24:19	1:26:44	1:27:47	1:28:14											
					2:49	3:52	2:25	1:03	0:27											
16		Jasmin Bechtel OSC Kassel	D19	1:29:26	4:28	9:00	11:32	14:07	17:18	28:12	33:08	34:30	42:02	51:34	1:05:01	1:12:52	1:17:07	2		
					4:28	4:32	2:32	2:35	3:11	10:54	4:56	1:22	7:32	9:32	13:27	7:51	4:15			
					1:21:14	1:25:26	1:27:47	1:29:08	1:29:26											
					2:12	4:12	2:21	1:21	0:17											
17		Carolin Schönberg ASKÖ Henndorf Or	D45	1:34:40	4:06	10:05	12:16	15:00	16:52	26:53	29:02	30:35	51:31	1:00:39	1:04:08	1:08:20	1:14:13	5		
					4:06	5:59	2:11	2:44	1:52	10:01	2:09	1:33	20:56	9:08	3:29	4:12	5:53			
					1:24:53	1:30:44	1:33:10	1:34:17	1:34:39											
					6:18	5:51	2:26	1:07	0:22											
18		Tanja Ebster ASKÖ Henndorf Or	D45	1:46:45	5:22	9:03	12:35	15:29	21:20	37:52	41:37	44:27	53:21	58:18	1:02:01	1:07:15	1:23:11	7		
					5:22	3:41	3:32	2:54	5:51	16:32	3:45	2:50	8:54	4:57	3:43	5:14	15:56			
					1:30:53	1:40:21	1:44:30	1:46:06	1:46:44											
					5:06	9:28	4:09	1:36	0:38											
		Margit Elstner ASKÖ Henndorf Or	D45	Fehlst	15:16	18:13	20:28	23:56	27:53	-----	-----	-----	38:04	42:40	46:42	54:58	1:01:09	7		
					15:16	2:57	2:15	3:28	3:57				10:11	4:36	4:02	8:16	6:11			
					1:06:33	1:12:36	1:16:56	1:18:57	1:19:49											
					2:16	6:03	4:20	2:01	0:52											
		Clemens Eibl ASKÖ Henndorf Or	H18	N Ang																
		Karin Hillebrand ASKÖ Henndorf Or	D45	N Ang																
		Roland Berner SSV Hallein-Neual	H45	N Ang																
		Tim Lechner HSV Wals	H18	N Ang																
La (13)				5,0 km 270 Hm		20 P														
					1(95)	2(111)	3(97)	4(110)	5(96)	6(120)	7(105)	8(104)	9(113)	10(112)	11(123)	12(101)	13(119))		
					15(121)	16(116)	17(106)	18(117)	19(109)	20(100)	Ziel									
1		Hendrik Holzhauser OSC Kassel	H19	40:07	4:10	4:51	6:46	7:34	9:13	14:40	15:52	17:28	21:16	22:23	23:14	24:56	27:55			
					4:10	0:41	1:55	0:48	1:39	5:27	1:12	1:36	3:48	1:07	0:51	1:42	2:59			
					32:07	32:43	34:45	37:04	39:05	39:48	40:07									
					1:43	0:36	2:02	2:19	2:01	0:43	0:18									
2		Bernhard Fink ASKÖ Henndorf Or	H35	41:50	4:56	6:00	7:14	8:20	10:08	15:45	17:00	18:50	22:48	23:55	24:53	26:37	29:52			
					4:56	1:04	1:14	1:06	1:48	5:37	1:15	1:50	3:58	1:07	0:58	1:44	3:15			
					34:04	34:47	36:25	38:48	40:47	41:31	41:49									
					1:34	0:43	1:38	2:23	1:59	0:44	0:18									
3		Cedric Guthier OLV Steinberg	H19	43:48	5:14	5:56	9:09	9:54	11:23	16:50	18:30	20:10	24:41	25:39	26:34	27:59	30:46			
					5:14	0:42	3:13	0:45	1:29	5:27	1:40	1:40	4:31	0:58	0:55	1:25	2:47			
					36:06	36:44	38:08	40:31	42:43	43:29	43:48									
					1:46	0:38	1:24	2:23	2:12	0:46	0:19									
4		Franz Helminger HSV Wals	H35	44:12	4:45	5:31	6:29	7:53	9:44	16:11	17:35	19:19	23:30	24:35	25:31	28:08	31:34			
					4:45	0:46	0:58	1:24	1:51	6:27	1:24	1:44	4:11	1:05	0:56	2:37	3:26			
					35:32	36:17	38:22	41:06	43:07	43:51	44:12									
					1:34	0:45	2:05	2:44	2:01	0:44	0:20									
5		Norbert Helminger HSV Wals	H35	45:13	4:50	5:32	6:42	7:37	9:31	16:22	19:06	21:04	25:17	26:31	27:23	29:14	32:48			
					4:50	0:42	1:10	0:55	1:54	6:51	2:44	1:58	4:13	1:14	0:52	1:51	3:34			
					37:06	37:50	39:39	42:10	44:07	44:52	45:13									
					1:34	0:44	1:49	2:31	1:57	0:45	0:21									
6		Lukas Scharnagl ASKÖ Henndorf Or	H19	48:23	4:59	5:46	8:01	9:42	11:33	18:28	19:59	22:04	28:16	29:31	30:22	31:58	35:31			
					4:59	0:47	2:15	1:41	1:51	6:55	1:31	2:05	6:12	1:15	0:51	1:36	3:33			
					39:51	40:43	42:56	45:27	47:23	48:04	48:22									
					1:41	0:52	2:13	2:31	1:56	0:41	0:18									
7		Leon Ebster ASKÖ Henndorf Or	H19	48:24	4:46	5:30	7:25	8:25	10:26	17:14	19:14	21:16	26:21	27:34	28:49	31:11	35:21			
					4:46	0:44	1:55	1:00	2:01	6:48	2:00	2:02	5:05	1:13	1:15	2:22	4:10			
					40:15	40:57	42:59	45:29	47:14	48:00	48:24									
					1:53	0:42	2:02	2:30	1:45	0:46	0:23									
8		Niklas Holzhauser OSC Kassel	H19	48:33	4:23	5:10	6:21	7:22	9:31	17:46	19:09	20:51	26:50	27:57	28:48	30:16	33:30			
					4:23	0:47	1:11	1:01	2:09	8:15	1:23	1:42	5:59	1:07	0:51	1:28	3:14			
					39:44	40:31	42:39	44:59	47:08	48:05	48:32									
					2:08	0:47	2:08	2:20	2:09	0:57	0:27									
9		Martin Bogensper ASKÖ Henndorf Or	H35	58:12	7:32	8:41	10:10	11:15	14:11	20:53	22:42	25:05	29:47	31:20	32:32	34:50	41:47			
					7:32	1:09	1:29	1:05	2:56	6:42	1:49	2:23	4:42	1:33	1:12	2:18	6:57			
					47:13	48:11	51:20	54:18	57:01	57:51	58:11									
					2:07	0:58	3:09	2:58	2:43	0:50	0:20									
10		Michael Steube Turnklub zu Hann	H19	58:13	6:40	7:38	8:44	9:54	12:01	20:18	23:35	25:37	31:40	33:34	34:45	36:45	40:58			
					6:40	0:58	1:06	1:10	2:07	8:17	3:17	2:02	6:03	1:54	1:11	2:00	4:13			
					46:52	47:47	50:29	54:01	56:53	57:48	58:13									
					2:07	0:55	2:42	3:32	2:52	0:55	0:25									

Pl	r	Name	K	Zeit														
La (13)					5,0 km 270 Hm		20 P		<i>(Forts.)</i>									
					1(95)	2(111)	3(97)	4(110)	5(96)	6(120)	7(105)	8(104)	9(113)	10(112)	11(123)	12(101)	13(119))
					15(121)	16(116)	17(106)	18(117)	19(109)	20(100)	Ziel							
11		Matthias Kreuzer	H35	1:12:32	5:52	7:31	8:49	10:24	12:27	24:11	26:14	30:33	36:21	38:05	39:21	44:14	47:30	
		ASKÖ Henndorf Or			5:52	1:39	1:18	1:35	2:03	11:44	2:03	4:19	5:48	1:44	1:16	4:53	3:16	
					52:52	53:41	1:02:54	1:08:37	1:11:14	1:12:08	1:12:31							
					1:50	0:49	9:13	5:43	2:37	0:54	0:23							
12		Raphael Maier	H35	1:39:04	6:34	8:43	12:02	14:29	18:25	33:00	35:37	44:44	51:13	53:50	55:31	57:54	1:03:46	8
		HSV Wals			6:34	2:09	3:19	2:27	3:56	14:35	2:37	9:07	6:29	2:37	1:41	2:23	5:52	
					1:23:03	1:24:19	1:28:11	1:32:56	1:36:16	1:38:40	1:39:04							
					14:15	1:16	3:52	4:45	3:20	2:24	0:23							
		Frido Von Uckro	H19	N Ang														
		OSC Kassel																